

# Clark County YMCA Spring Pool Schedule

		5	30	6	30	7	30	8	30	9	30	10	30	11	30	12	30	1	30	2	30	3	30	4	30	5	30	6	30	7	30	8	30	9
Sunday	Lap Pool												Rental (11am - 1:15pm)	Lap Swim* (12-3:30pm)																				
	Rec Pool												Rental (11am - 12pm)	Open Swim (12-3:30pm)																				
Monday	Lap Pool	Lap Swim (5am-7:45pm)					Tranquility (8:30-9:30am)				Deep Water Fitness (9:30am)							Masters (12-1pm)		Tornadoes (4-7:45pm)														
	Rec Pool	Open Swim (5-10:30am)											Arthritis Exercise (10:30am)		Toddler Time**		Open Swim (11:15am-4:30pm)					Lessons (4:30-7pm)			Water Aerobics (5:45pm)		Open Swim (7:00-8:30pm)							
Tuesday	Lap Pool	Lap Swim (5am-4:30pm)																Tornadoes (4-7:45pm)					Masters (7:45-8:45pm)											
	Rec Pool	Open Swim (5-9am)					Water Aerobics (9am)				Toddler Time**		Open Swim (10am-5:15pm)					Lessons (5:15-7:30pm)					Open Swim (7:30-8:30pm)											
Wednesday	Lap Pool	Lap Swim (5am-8:30pm)					Tranquility (8:30-9am)				V-Ball (10:00am)		Masters (12-1pm)					Tornadoes (4-7:45pm)					Masters (7:45-8:45pm)											
	Rec Pool	Open Swim (5-9am)									Water Walking (9am)		Toddler Time**		Open Swim (10am-4:30pm)					Lessons (4:30-7pm)			Water Aerobics (5:45pm)		Open Swim (7-8:30pm)									
Thursday	Lap Pool	Lap Swim (5am-4:30pm)																Tornadoes (4-7:45pm)					Masters (7:45-8:45pm)											
	Rec Pool	Open Swim (5-9am)					Water Aerobics (9am)				Toddler Time**		Open Swim (10am-5:15pm)					Lessons (5:15-7:30pm)					Open Swim (7:30-8:30pm)											
Friday	Lap Pool	Lap Swim (5am-7:30pm)					Tranquility (8:30-9:30am)				Deep Water Fitness (9:30am)		Masters (12-1pm)					Tornadoes (4-7:45pm)																
	Rec Pool	Open Swim (5-10:30am)									Lap Swim* (9:30am-7:30pm)		Arthritis Exercise (10:30am)		Toddler Time**		Open Swim (11:30am-7:30pm)																	
Saturday	Lap Pool			Masters (8-9am)		Tornadoes (9-10:30am)		Lap Swim* (10:30am-4pm)					Rental (4:35-6:20pm)																					
	Rec Pool	Lap Swim* (7am-9am)		Lessons (8:15-11:30am)					Open Swim (7-8:15am)					Lessons (8:15-11:30am)					Open Swim (11:30am-4pm)					Rental (4:35-6:20pm)										

Notes:

- \* Limited lanes are available at this time due to programming. Circle swimming will be required during high-volume times - please share the lane.
- \*\* Toddler time runs concurrent with the water fitness classes and is limited to the shallow area of the rec pool (under 3' deep). This time is designated for adults with children 5 years and under.
- ~ Tranquility time is for those who wish to experience the pool in a quiet environment. There will be no water features, splashing, shouting, jumping, rough-housing, or excessive waves allowed during tranquility time.

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Schedule subject to change without notice. Graphics and visuals are meant to give a general idea of space, not to be interpreted as verbatim. NOT TO SCALE.