



BE A VALUED TEAM MEMBER

Lifeguard Certification Course CLARK COUNTY FAMILY YMCA

PREREQUISITES:

- Swim 300 yards combination of front crawl and breaststroke (non-stop swimming)
- Tread water for 2 minutes (non-stop) without use of hands or arms
- Perform a surface dive 9 feet to retrieve a 10 pound brick and swim back holding the brick on top of the water in 1 min and 40 seconds or less
- Must successfully pass the pre-requisite to be able to register.

Course certifications include Lifeguarding/First Aid/CPR/AED for Professional Rescuer (valid 2 years)

Course candidates will become lifeguards by gaining the necessary skills needed to recognize, prevent and respond to aquatic emergencies. Upon registration, participants are required to give a current email address in order to process records with the American Red Cross. Participants must have a passing score of 80% or better on all exams and pass the final skills scenario to receive certifications. If certification requirements are not met, certification will not be awarded and no refund will be given.

WHEN: Friday June 22 5 PM-9 PM
Saturday June 23 10 AM-6 PM
Saturday June 24 10 AM-6 PM

COST: \$250 for non-members
\$200 for YMCA members



Email Angela Garner at agarner@ymcacw.org for questions or to sign up for the pre-requisites.

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