

Clark County YMCA Spring Pool Schedule

Sunday		Lap Pool	Closed Sundays																																																																			
		Rec Pool	Closed Sundays																																																																			
Monday		Lap Pool	Lap Swim (5am-8:30pm)					Tranquility (8:30-9:30am)					Deep Water Fitness (9:30am)		Lap Swim* (9:30-10:30am)					Masters (12-1pm)		Lap Swim* (12-1pm)		L4EA (1:30-2:30pm)		Tornadoes (4-7:45pm)					Lap Swim* (4-8:30pm)		Scouts (7:45-8:45pm)																																					
		Rec Pool	Open Swim (5-10:30am)															Arthritis Exercise (10:30am)		Toddler Time**		Open Swim (11:30am-8:30pm)																																																
Tuesday		Lap Pool	Lap Swim (5am-7pm)																															Tornadoes (4-7:45pm)					Masters (7:45-8:45pm)					Lap Swim* (7:45-8:30pm)																										
		Rec Pool	Open Swim (5-9am)										Water Aerobics (9am)		Toddler Time**		Open Swim (10am-5:15pm)																															Lap Swim* (4-7pm)					Lessons (4:30-8:30pm)																	
Wednesday		Lap Pool	Lap Swim (5am-8:30pm)					Tranquility (8:30-9am)					Water Volley-ball (10:00am)		Masters (12-1pm)					Lap Swim* (12-1pm)										Tornadoes (4-7:45pm)					Masters (7:45-8:45pm)					Lessons (7:45-8:30pm)																														
		Rec Pool	Open Swim (5-9am)															Water Walking (9am)		Toddler Time**												Lessons (3:15-6:30pm)					Lap Swim* (3:15-8:30pm)										Lessons (3:15-6:30pm)					Water Aerobics (5:45pm)		Open Swim (6:30 -8:30pm)																
Thursday		Lap Pool	Lap Swim (5am-7pm)																															Tornadoes (4-7:45pm)					Masters (7:45-8:45pm)					Lap Swim* (7:45-8:30pm)																										
		Rec Pool	Open Swim (5-9am)										Water Aerobics (9am)		Toddler Time**		Open Swim (10am-5:15pm)																															Lap Swim* (4-7pm)					Lessons (4:30-8:30pm)										Lessons (5:15-7:30pm)					Open Swim (7:30-8:30pm)		
Friday		Lap Pool	Lap Swim (5am-7:30pm)					Tranquility (8:30-9:30am)					Deep Water Fitness (9:30am)		Lap Swim* (9:30-10:30am)					Masters (12-1pm)		Lap Swim* (12-1pm)		L4EA (1:30-2:30pm)		Tornadoes (4-7:45pm)					Lap Swim* (4-7:30pm)																																							
		Rec Pool	Open Swim (5-10:30am)															Arthritis Exercise (10:30am)		Open Swim (11:30am-7:30pm)																																																		
Saturday		Lap Pool						Lap Swim (7am-1:30pm)					Masters (8-9am)		Tornadoes (9-10:30am)																															Lessons (1:30-4pm)																								
		Rec Pool						Open Swim (7-8:15am)					Lessons (8:15-9am)		Open Swim (9am-1:30pm)																															Lessons (1:30-4pm)																								

Notes:

- * Limited lanes are available at this time due to programming. Circle swimming will be required during high-volume times - please share the lane.
- ** Toddler time runs concurrent with the water fitness classes and is limited to the shallow area of the rec pool (under 3' deep). This time is designated for adults with children 5 years and younger (max 2 toddlers per adult). The water features will not be run during this time. Children over 5 will not be permitted.
- ~ Tranquility time is for those who wish to experience the pool in a quiet environment. There will be no water features, splashing, shouting, jumping, rough-housing, or excessive waves allowed during tranquility time.
- *** Schedule subject to change without notice. Graphics and visuals are meant to give a general idea of space, not to be interpreted as verbatim. NOT TO SCALE.