

## The Y's Commitment to Campers' Well-Being

At the Y we are committed to the health and well-being of every camper. To make good on that commitment during this pandemic, we've put the following changes in place:

- Counselors will educate and enforce proper hand-washing and hygiene.
- Stringent adherence to disinfection and camping guidelines from health authorities will be maintained.
- Daily check in will include a health questionnaire and temperature screening for both campers and camp staff.
- Campers and staff will spend their week in small, stable groups. Groups of campers will remain physically distanced from each other and will be isolated from non-camp facility users and personnel.
- Camp activities are designed to support physical distancing, minimize equipment sharing, and maximize the use of our outdoor spaces.
- Staff and campers ages five years and older will wear face masks, except when eating and drinking.

## **Helping Campers Succeed**

Successful camp experience begins with a prepared camper. When our campers' parents/guardians have conversations with their campers about why they want to come to camp and set goals for the week, campers get the most out of their time at YMCA Day Camp.

To enjoy the camp experience, day campers should be emotionally stable and independent; able to care for themselves at an age-appropriate level, have appropriate interactions with peers and staff and be physically safe with themselves and others. We expect campers to uphold the YMCA values: love, respect, honesty, responsibility, and service while at camp.

Due to the COVID-19 pandemic, camp will be modified to maintain the physical distancing and disinfecting guidelines issued by the State of Oregon. In order to decrease the risk of spreading the disease, our new motto is "healthy camp experiences start at home." Here is what we would ask of you as you prepare for camp:

- Check in with your pediatrician to make sure camp is the right fit for your child. Children with certain pre-existing conditions may be at higher risk of being exposed.
- Will your child be able to follow the safety practices that are set in place? Can
  they effectively wash their hands, use hand sanitizer, stay physically distant
  when asked, remove and replace their mask independently, and stay with their
  activity group all day?





- Monitor your child and other household members for 14 days prior to coming to camp, including temperature checks and monitoring symptoms. We ask that you do all you can to limit exposure before coming into the camp environment.
- Talk with your child about telling their counselor about problems or things that are troublesome to them at camp. Encourage your child to tell a leader when they are not feeling well.
- If your child has been ill, or other household members have been ill, within the last 14 days, we would ask that you not come to camp until the time period has passed. Campers who arrive at camp with COVID-19 symptoms will not be allowed to enter the facility.
- If a camper develops symptoms consistent with COVID-19, he/she will be placed in a designated space for isolation. The parent/guardian will be contacted to arrange for transport.

Thank you for working with us to make this a safe and successful camp seasons. We're looking forward to seeing you at camp this year!