



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOR A BETTER US.

2020 Program Guide

YMCA OF COLUMBIA-WILLAMETTE



TRANSFORM LIVES CREATE OPPORTUNITIES INVEST TODAY

About Our YMCA

The YMCA of Columbia-Willamette is a leading nonprofit that strengthens community through a wide-range of life-enriching programs for kids, families and adults of all ages. Last year almost 60,000 people participated in one or more YMCA program designed to engage kids in healthy, safe environments, bring families together and strengthen community.

Community Impact

Since 1868, our YMCA has had its roots in the Portland metro area and today serves the Portland and Vancouver region in more than 200 locations in our community. Last year we provided \$1.6 million to create access for those in need, so everyone can participate in healthy programs at the Y. As a result, more kids are safe in the water and after school and fewer adults are isolated because of our community hubs.

Give Today

The community relies on the generosity of individuals like you as well as corporate and foundation partners and sponsors so everyone has the opportunity to access the Y. Please join your neighbors by giving to the YMCA today. ymcacw.org/donate

\$1.6 Million
provided to create access

YOUR CONTRIBUTION

- Give a child the opportunity to learn a valuable life-saving skill and a lifelong healthy activity through swim lessons—\$100
- Give a child a fun-filled month of activities and character development for a child in after school care—\$300
- Give three children a week with superior role models and exciting day camp activities—\$500
- Give a child a week of character development, meals and relationship building at YMCA Camp Collins—\$600

BRIGHTER FUTURES

IMPROVED OUTCOMES

EMPOWERED YOUTH

CODY'S Y STORY

Cody's Asperger's Syndrome and obsessive compulsive behavior began to slowly disappear, replaced with personal growth and progress because of his experiences as a Y camper. Cody was able to attend camp in part because of a scholarship his family received, which are funded from donors like you.

Six consecutive summers later he moved from camper to Counselor in Training and later to Camp Instructor working with horses. One day Cody would like to be a Y Camp Director and we are excited to see the possibilities in front of him.



WE'RE MOBILE!

YMCA App

Features Include

- Workout Tracking
- Wellness Challenges
- Group Exercise Schedule
- Membership Scan Card
- Program Registration
- Important Notifications

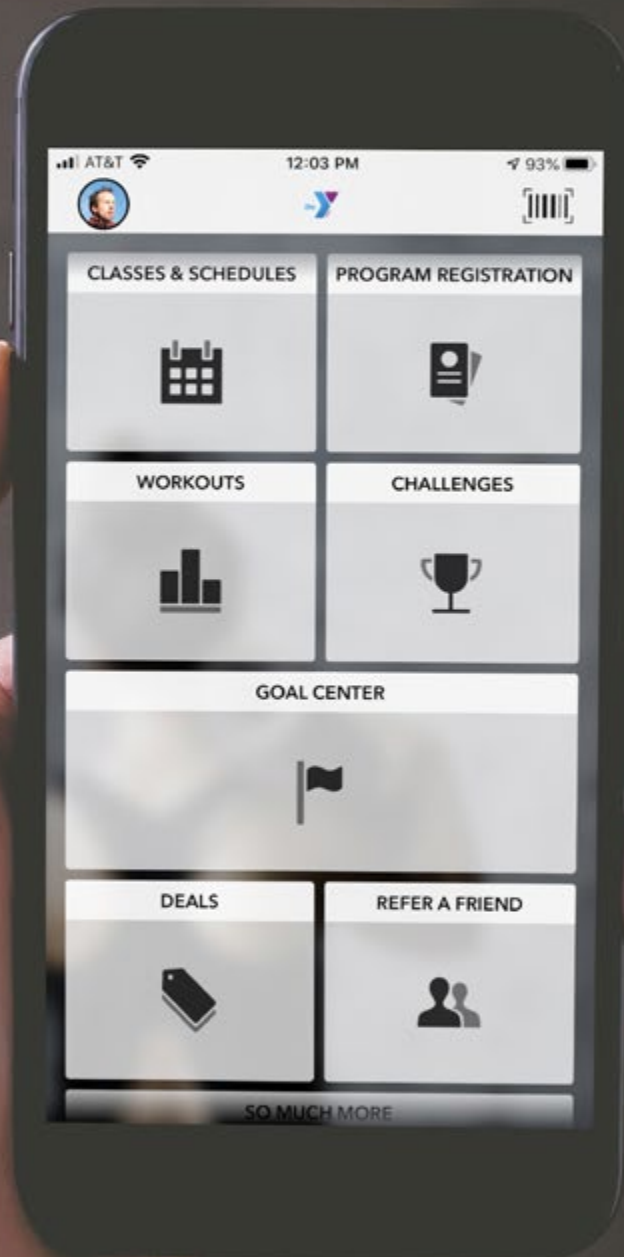
Search

YMCA of Columbia-Willamette
in your app store.

Download on the
App Store



GET IT ON
Google Play



DOWNLOAD TODAY!



Welcome!

Look inside and explore all the YMCA of Columbia-Willamette has to offer throughout the Portland and Vancouver area. Here you'll find life-enriching programs for infants to adults of all ages, which focus on building a healthy spirit, mind and body. We're excited to help you learn, grow and thrive at the YMCA.

Contents

- 6 Youth Sports
- 8 Swim Programs
- 10 Early Childhood Development
- 12 Before and After School Enrichment
- 14 Overnight Camps
- 16 Day Camps
- 18 Teen Programs
- 20 Health and Wellness Memberships
- 22 Rentals, Conferences and Retreats
- 24 Locations Map
- 26 Mission Advancement
- 27 Annual Events





BE ACTIVE.

Youth Sports

Visit ymcacw.org/youth-sports

Youth Sports

Learn more at ymcacw.org/youth-sports

Our youth sports programs focus on building strong leaders, respectful individuals and honest teammates. At the Y, we do more than coach sports, we encourage the next generation to work hard, have fun and play fair. Our dedicated coaches mentor youth as they spend the season learning fundamental skills of a sport. Your youth will come away with a new sport skill, and with important lessons they will carry into adulthood.

We offer a variety of youth sports throughout multiple seasons, which includes locations throughout the Portland and Vancouver area.

- Basketball
- Indoor Soccer
- Flag Football
- Gymnastics
- T-Ball
- Volleyball

Check your local Y for sports offerings available near you.

Basketball

The Y knows how to play basketball, especially since we invented it!

Youth learn fundamental skills in our recreational basketball leagues or enhance their skills as they compete on one of the most competitive top teams in Oregon. Whatever your youth is looking for, we can help them learn valuable skills on and off the court.

Competitive Basketball

Athletes work hard in our year-round competitive basketball teams and leagues. Youth perfect their game, learn good sportsmanship and travel playing other competitive teams.

Recreational Basketball

It's not whether you win or lose, it's how you learn to play the game. Kids will develop all their skills—dribbling, footwork and passing to teamwork and sportsmanship. Just as important, they learn firsthand the benefits of being healthy and active.

Sports Performance Training

We offer classes designed to increase speed, agility and quickness in your sport in individual or small group training.

Private Training and Group Lessons

We help young athletes reach their personal potential and achieve their athletic goals. Our coaches create workouts that focus on the individual needs of each athlete in a private or small group setting.

Coaching

Volunteers are key to a successful recreational sports league. We need positive role models that can provide a fun and safe atmosphere for the kids. Coaches are needed most during fall, winter and spring seasons.

Make a difference in the lives of youth in your community. Learn how you can get involved.

Youth Sports Locations

BEAVERTON HOOP YMCA

CLARK COUNTY FAMILY YMCA

CLACKAMAS YMCA

MT. HOOD YMCA

SHERWOOD REGIONAL FAMILY YMCA

WESTSIDE YMCA





BE SAFE.

Swim Programs for All Ages

Visit ymcacw.org/swimming

Swim Programs

Learn more at ymcacw.org/swimming 



When it comes to swimming and water safety, no one is trusted more than the YMCA. Swimming is a life skill as well as great exercise and a challenging sport. At the Clark County Family YMCA and Sherwood Regional Family YMCA we offer swim programs for all ages, including family swim, water exercise classes, competitive swimming and swim lessons.

Swim Offerings

- Youth Swim Lessons
- Adult Swim Lessons
- Swim Team
- Water Fitness Classes
- Lifeguard/CPR Training

Swim Lessons

Swim lessons at the Y are specifically tailored to the participant's age, swimming ability, level of physical development and confidence in the water. We ensure a low instructor-to-student ratio so our swimmers get plenty of personal attention and guided practice.

Lifeguard/CPR Training

The YMCA offers classes in CPR, First Aid and Lifeguard Training. You never know when you might be tested to save a life. Emergency preparation techniques can be used in the workplace, at sporting events, at the beach or in the home. Become certified in Adult, Child and Infant CPR and Standard First Aid and AED Training.

At the Sherwood Regional Family YMCA these classes are all Red Cross trainings, and at that location this also includes Lifeguard Review.

Swim Program Locations

CLARK COUNTY FAMILY YMCA

SHERWOOD REGIONAL FAMILY YMCA



Drowning is the second leading cause of accidental death in children ages 1–14.

Children become safe swimmers at the Y to prevent the tragedy of drowning with more than a million children learning invaluable water safety skills each year in Ys across the country.

Participation in formal swimming lessons can reduce the risk of drowning by 88 percent among children 1 to 4 years old.



BE CURIOUS.

Early Childhood Development

Visit ymcacw.org/child-care

Early Childhood Development [Learn more at ymcacw.org/child-care](https://ymcacw.org/child-care)

Our YMCA provides quality, affordable early childhood development in a safe, nurturing and caring learning environment at our 15 licensed Child Development Centers throughout the Portland and Vancouver regional area. Our centers serve families with children from 6 weeks to 12 years of age.

Infants develop trust and security and preschoolers experience early literacy and learn about their world. We provide children with a nurturing atmosphere and proven curriculum that celebrates individuality, promotes self-esteem and encourages positive social interactions. We work with families to make each center is a supportive place for children to grow and develop. At the YMCA we believe in patience, a passion for learning and genuine care for one another.

Stages of Development

Infants

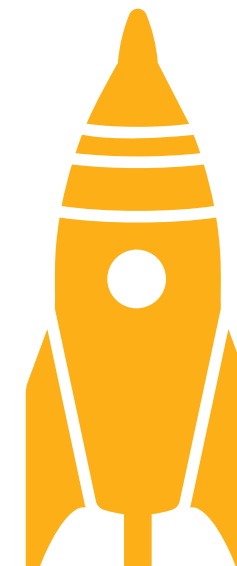
Infants have the opportunity to explore their world with their hands, mouth, ears and eyes. They listen to soft music, grab and shake hand toys, look at bright picture books and respond to others.

Wobblers and Toddlers

For children ages 12 months to 2 ½ years, we offer daily opportunities for large motor skill development through crawling, walking, jumping and group activities. In addition, this age group solves puzzles, builds with blocks, scribbles on paper, initiates make-believe play and uses verbal phrases.

Preschoolers

Children ages 2 ½ to 5 years are encouraged to make self-directed choices from a number of interest centers. In these centers, kids draw, cut and glue, run, hop, throw, catch, climb, build with blocks, tell stories, sing, dance, act, learn letters, count, play with others and more.



Creative Curriculum

Our curriculum is an early childhood development approach rooted in educational philosophy, theory and practice. We focus on how children develop and learn, based on their interests, the learning environment and the role of a teacher.

“My son has been attending the Y since he was 18 months old and he is now in Pre-K. His teachers are awesome, with patience like no other. The curriculum for each age group is well defined and appropriate for their age. My son comes home every day full of enthusiasm, excited to share all the great things he learned.”

—Beaverton Child Development Center Parent

Child Development Centers

We have 15 Child Development Centers throughout the Portland and Vancouver area. For a full list of child care locations, flip to our map on page 22 or visit us online at ymcacw.org/cdcs.





BE BRIGHT.

Before and After School Enrichment

Visit ymcacw.org/school

Before and After School

Learn more at ymcacw.org/school

Like you, the Y cares about how your children spend their time before and after school, because kids who participate in after school programs are more likely to be successful. That’s why we offer various programs in a safe, learning and fun environment that support their school day, provide time to play and master new skills.

Our Before and After School programs vary by location. Some of our Child Development Centers and School Sites offer before and after school care for children in Kindergarten through middle school, and run throughout the school year.

Additionally, we offer after school enrichment classes which focus on different activities like cooking, art, drama and Lego engineering. These classes run on varying days and weeks and are located within schools throughout the Portland and Vancouver area.

“Our son can’t stop talking about how much he loves the program. He is sad when he misses a session.”
—Beach Elementary School Parent

The Y Difference

Both the Before and After School Enrichment program and After School Enrichment classes focus on building caring and healthy children. Throughout our programs, our staff nurture your child’s curiosity, inspire creativity and teach them how to succeed. When you leave your child with the Y, you can trust that your child is in a safe, stimulating environment.

At the Y, school-age kids make friends, learn new skills and get homework assistance. Our After School Enrichment classes provide youth the opportunity to explore and develop their interests and talents. Y kids become more engaged in school and continue to live out our Christian principles of love, respect, responsibility, honesty and service as they mature.

School Districts

- | | |
|----------------|---------------------------|
| BEAVERTON | HILLSBORO |
| BATTLE GROUND | NORTH CLACKAMAS |
| CAMAS | OREGON TRAIL |
| CANBY | PORTLAND PUBLIC |
| CENTENNIAL | REYNOLDS |
| CORBETT | SHERWOOD |
| DAVID DOUGLAS | TIGARD/TUALATIN |
| EVERGREEN | VANCOUVER |
| GRESHAM/BARLOW | WEST LINN/
WILSONVILLE |
| GLADSTONE | |





BE OUTDOORS.

Overnight Camps

Visit ymcacw.org/overnight

Overnight Camps

Learn more at ymcacw.org/overnight

Discover the adventure of a lifetime! We offer two amazing camps where every child can build confidence and make new friends in a safe and nurturing environment. From horseback riding at YMCA Camp Collins to backpacking in Mt. Hood National Forest at YMCA Camp Duncan’s Woods, each of our camps have something special to offer the young adventurer in your life.

YMCA Camp Collins

We provide Camp programs year round. Whether you are looking for a summer camp adventure for your children, an outing for the whole family, a beautiful and quiet location for a conference or retreat or a fantastic location to incorporate hands on environmental education into the classroom, YMCA Camp Collins is the place you’ve been looking for.

Sessions Dates

- Session 1 | June 28–July 4
- Session 2 | July 5–July 11
- Session 3 | July 12–July 18
- Session 4 | July 19–July 25
- Session 5 | July 26–Aug. 1
- Session 6 | Aug. 2–Aug. 8
- Session 7 | Aug. 9–Aug. 15
- Session 8 | Aug. 16–Aug. 22

Pioneers | Entering Grades 2-4

Welcome to a camp of amazing new adventures, centered on independence and trying new things for the first time. Campers are given a variety of activities to try and experience during their stay.

Explorers | Entering Grades 5-6

Campers have increased opportunities for choice and autonomy in their week of camp. While discovering of what interests them, shared decision making and peer interaction are a key part of the experience.

Questors | Entering Grades 7-9

Through our specialty programs, campers have the opportunity to demonstrate their knowledge and skill with their peers. During our Questor program, campers are encouraged to develop self-confidence, learn to make positive choices and to take on personal responsibility.

Teen Camps | Entering Grades 9-11

This two week program puts a strong emphasis on self-discovery, personal growth, teamwork, responsibility and positive communication. Teens learn the value of being a role model for our younger campers while exploring ways to be their best version of themselves.

Counselors In Training | Entering Grades 11-12

C.I.T.s learn valuable skills in communication, group management, peer leadership and positive role modeling. These trainings are valuable as a future camp counselor or in any life endeavor.

Day Camps | Entering Grades 1-6

Day Camp is a great way to make new friends under the guidance of positive adult role models. Enjoy swimming, a special campfire experience and so much more in this gorgeous outdoor setting.



YMCA Camp Duncan’s Woods

Our newest teen camp is for ages 13–15. This an outdoor adventure camp that includes backpacking, orienteering and outdoor living skills. Campers will sleep in tents and do day hikes, traditional camp activities and leadership development programs.



BE FRIENDS.

Day Camps

Visit ymcacw.org/day-camps

Day Camps

Learn more at ymcacw.org/day-camps

We offer winter, spring and summer day camps throughout the Portland and Vancouver regional area. Our winter and spring day camps are open to children from kindergarten through fifth grade. Our summer day camps are available to campers entering first through eighth grade.

Day Camps

Your kids will be encouraged to try new experiences, work together and play in a safe environment. Our week-long day camps enrich the lives of kids and help them explore the world around them. Our quality staff are carefully chosen and trained to help children flourish by role modeling our Christian principles of love, respect, honesty, responsibility and service.

Specialty Camps

Children grow, build skills and gain confidence in a safe, values-based environment under the supervision of trained Y staff. Specialty camps develop specific interests of campers giving them additional opportunities to build a healthier spirit, mind and body all year long. Kids can explore new skills in our various specialty camps.



- Sports Camps
- Art Camps
- Cooking Camps
- Engineering Camps
- LEGO Camps
- Performing Arts Camps

What Campers Have to Say About Camp

- 96%** Camp helped me make new friends
- 93%** Camp helped me get to know kids who are different from me
- 92%** The people at camp helped me feel good about myself
- 74%** At camp, I did things I was afraid to do at first

Statistics above are from the ACA Youth Outcomes Study.

Portland Trail Blazers Basketball Camps

Join the Portland Trail Blazers and YMCA coaches for winter, spring and summer camps at the Beaverton Hoop YMCA. These camps are for athletes in grades K-8 and will offer a great Trail Blazers Camp experience. Coaches will focus on introducing the rules of the game, enjoying competition, building fundamentals, engaging athletes in team play, and educating them on the fitness and nutrition necessary to improve their game.

Day Camp Locations

- BEAVERTON HOOP YMCA
- CHILD DEVELOPMENT CENTERS & SCHOOL SITES
- CLARK COUNTY FAMILY YMCA
- CLACKAMAS YMCA
- MT. HOOD YMCA
- SHERWOOD REGIONAL FAMILY YMCA
- WESTSIDE YMCA
- YMCA CAMP COLLINS



BE ENGAGED.

Teen Programs

Visit ymcacw.org/teens

Teen Programs

Learn more at ymcacw.org/teens

We create experiences for teens that build self-esteem and self-confidence in safe, supportive and engaging environments. Youth at the YMCA also develop healthy lifestyles, grow personally and are better prepared to achieve their educational goals.

Teens at the YMCA participate in life-changing programs that include swimming, youth sports, school enrichment, camps and more. Our Health and Wellness facilities also offer great ways for teens to develop healthy habits and improve their fitness levels. Youth are mentored, coached and guided when they are part of the Y. Here are some of the programs we offer that are geared to teens at our YMCA, which vary by location.

Teen Centers

Sherwood Regional Family YMCA

The Sherwood Teen Center is a free, come-and-go operation where youth will find classic table top games like air hockey, ping-pong, foosball and pool tables alongside Xbox, PS2 and Nintendo Wii games. In addition, there are group activities that include dances, homework club, service projects, athletics, classes and more.

Clark County Family YMCA

Youth make new friends and engage in enrichment classes. These teens can be active on the basketball court or hangout and play games.

Rhapsody Church hosts youth group—Ground Zero—in the youth teen center every week.

Teen Activities

Teen Strength Training

Youth work with a trainer to become empowered in their wellness journey. This training educates teens in the areas of cardio fitness and strength training. We also demonstrate and practice balance, flexibility and stretching techniques.

Youth and Government

YMCA Youth and Government offers opportunities for teens to get involved in their communities and learn how to make their voices heard about issues that are important to them.

Lifeguard Training

Teens learn and practice rescue skills, injury prevention and teamwork. In this training youth earn a nationally recognized lifeguard certification and become eligible to apply for a job as a lifeguard.

Babysitting Certification

Young adults gain the confidence to make smart decisions and stay safe in any babysitting situation.

Teen Camps

Teen Camp

This camp at YMCA Camp Collins is designed for teenagers who want to get outdoors, make new friends and participate in activities that challenge them in a variety of different ways.

Counselor In Training

CITs are mature campers interested in becoming future camp counselors. This two-week or three-week experience at YMCA Camp Collins is spent working with our experienced camp staff to be leaders and future camp staff. We also offer a CIT program at the Clark County Family YMCA.

Teen Sports

Many of our youth sports programs are geared toward teens and are available at several locations. This includes competitive basketball and more.



BE HEALTHY.

Health and Wellness Memberships

Visit ymcacw.org/membership

Membership Types [Learn more at ymcacw.org/membership](https://ymcacw.org/membership)

-  **FAMILY**
Up to five members*
-  **COUPLE**
2 Adults 18+
-  **YOUNG ADULT**
12–20
-  **INDIVIDUAL**
21–64
-  **SENIOR**
65+

Group Exercise [↗](#)

Personal Training [↗](#)

Group exercise classes are a great way to boost your health, add variety to your workouts and meet people. Members can drop into free group exercise classes at any time to work their heart and lungs, improve muscle strength, hit the dance floor or focus on health for mind and body. All fitness levels are welcome.

Personal trainers provide benefits that you can’t find when working out on your own. Our certified trainers will help you achieve your fitness goals by designing programs to specifically meet your needs. Trainers can help create functional exercise routines, provide meal planning tips and nutrition guidance, demonstrate important techniques, build confidence and modify workouts for maximum results.

Y Time/Child Watch [↗](#)

- Child Watch Activities**
 - Arts and Crafts
 - Reading Stories
 - Physical Activity
- Y Time/Child Watch is more than just care for children. It’s an opportunity to learn, create, play and grow. Our highly trained and caring staff have a shared commitment to excellence in service and child development. With a wide range of activities to stimulate a child’s creativity, self-esteem and independence, young children learn essential social, physical and intellectual building blocks. For children 6 weeks to 8 years.

Active Older Adults [↗](#)

Nationwide Membership [↗](#)

Older adults need access to resources, opportunities and relationships to thrive. Our Active Older Adult programs help seniors maintain a healthy lifestyle in an engaged, connected community.

Nationwide Membership enables you to visit any participating Y in the United States through membership at your local YMCA. We offer this membership so members can reach their health and wellness goals wherever they live, work or travel. This is an essential part of strengthening communities, which is at the core of our YMCA.

DOWNLOAD OUR MOBILE APP

You can scan your pass, view schedules, upcoming events, receive notifications on classes and so much more! Search “YMCA of Columbia-Willamette” on **Google Play** or the **Apple App Store**.

- ### Membership Locations
- BEAVERTON HOOP YMCA
 - CLARK COUNTY FAMILY YMCA
 - SHERWOOD REGIONAL FAMILY YMCA



BE HERE.

Rentals, Conferences and Retreats

Visit ymcacw.org/rentals

Rentals, Conferences and Retreats [↗](#)

Our YMCA is a community hub not just for our members, but for organizations and families that would like to use one of our spaces to host an activity, event, conference or retreat.

YMCA Camp Collins [↗](#)

We'd love the opportunity to host your next meeting, conference or retreat at YMCA Camp Collins. You can retreat in our rustic or modern cabins and enjoy our comfortable conference spaces as you take in the beautiful scenery of Oxbow Park.

Guests are able to explore our outdoor environment with various program activities. Strengthen your team on our Challenge Course or unwind by the campfire. Whatever your needs, we're sure you and your company, church or large group of any kind will enjoy your stay at YMCA Camp Collins.

Contact us to view or book our space.



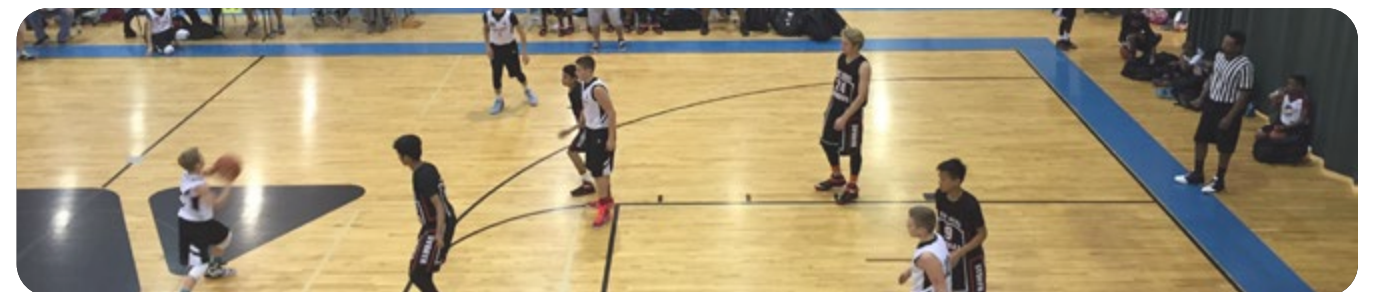
Sherwood Regional Family YMCA [↗](#)

Want to host your next birthday party at the Y? We are excited to host birthday parties, graduations or team events. Choose from various activities like swimming, kids gym, rock climbing or more for your event. We provide staff to assist in set-up and clean-up, to help you in throw a hassle-free event. **Contact us** to book your party.

Beaverton Hoop YMCA [↗](#)

Whether you need space for your next dance, banquet, Quinceañera celebration, senior grad night party or sports team practice, with 35,000 square feet there's not much you can't do at the Beaverton Hoop YMCA. We'd love to connect to help you plan your next event here.

Depending on your needs, rental spaces include our Suspended Maplewood Basketball Courts, Conference Room, Lobby and our Café. **Contact us** to view or book our space.



FIND YOUR YMCA



Health, Wellness and Sports Facilities

- 1 BEAVERTON HOOP YMCA**
9685 SW Harvest Court, Beaverton, OR 97005
503.644.2191 | beavertonhoop@ymcacw.org
- 2 CLARK COUNTY FAMILY YMCA**
11324 NE 51st Circle, Vancouver, WA 98682
360.885.9622 | clark@ymcacw.org
- 3 SHERWOOD REGIONAL FAMILY YMCA**
23000 SW Pacific Highway, Sherwood, OR 97140
503.625.9622 | sherwood@ymcacw.org



Youth Sports and Enrichment

- 4 CLACKAMAS YMCA**
9123 SE St. Helens St. #101, Clackamas, OR 97015
503.462.1797 | clackamas@ymcacw.org
- 5 MT. HOOD YMCA**
10121 SE Sunnyside Rd. #300, Clackamas, OR 97015
503.492.9890 | mthood@ymcacw.org
- 6 WESTSIDE YMCA**
9685 SW Harvest Court, Beaverton, OR 97005
503.644.2191 | westside@ymcacw.org

Camps

- 7 YMCA CAMP COLLINS**
3001 SE Oxbow Parkway, Gresham, OR 97080
503.663.5813 | campcollins@ymcacw.org
- 8 YMCA CAMP DUNCAN'S WOODS**
35705 E Road #2656, Government Camp, OR 97028
503.427.8786 | campduncanswoods@ymcacw.org

Corporate Offices

-  **YMCA OF COLUMBIA-WILLAMETTE**
9500 SW Barbur Blvd., #200, Portland, OR 97219
503.223.9622 | ymca@ymcacw.org
-  **CHILD CARE**
9500 SW Barbur Blvd., #240, Portland, OR 97219
503.327.0007 | ychildcare@ymcacw.org

Child Development Centers

- 9 AMBERGLEN YMCA CHILD DEVELOPMENT CENTER**
9268 NE Windsor Street, Hillsboro, OR 97006
503.629.9622 | amberglencdc@ymcacw.org
- 10 BEAVERTON YMCA CHILD DEVELOPMENT CENTER**
15650 NW Blueridge Drive, Beaverton, OR 97006
503.466.1312 | beavertoncdc@ymcacw.org
- 11 CLACKAMAS YMCA CHILD DEVELOPMENT CENTER**
19600 S Molalla Avenue, Oregon City, OR 97045
503.657.9795 | clackamascdc@ymcacw.org
- 12 GLADSTONE YMCA CHILD DEVELOPMENT CENTER**
17395 Webster Road, Gladstone, OR 97027
503.657.3990 | gladstonecdc@ymcacw.org
- 13 MODA TOWER YMCA CHILD DEVELOPMENT CENTER**
601 SW 2nd Avenue, Portland, OR 97204
503.225.9622 | modacdc@ymcacw.org
- 14 MONROE ST. YMCA CHILD DEVELOPMENT CENTER**
2992 SE Monroe Street, Milwaukie, OR 97222
503.654.5437 | monroestreetcdc@ymcacw.org
- 15 NEW HOPE YMCA CHILD DEVELOPMENT CENTER**
11731 SE Stevens Road, Portland, OR 97086
503.432.7960 | newhopecdc@ymcacw.org
- 16 ORCHARDS YMCA CHILD DEVELOPMENT CENTER**
10401 NE Fourth Plain Boulevard, Vancouver, WA 98662
360.213.0051 | orchardscdc@ymcacw.org
- 17 PCC SE YMCA CHILD DEVELOPMENT CENTER**
7901 SE Division Street, Portland, OR 97206
971.722.6383 | pccsecdc@ymcacw.org
- 18 SHERWOOD YMCA CHILD DEVELOPMENT CENTER**
22280 SW Washington Street, Sherwood, OR 97140
503.925.9602 | sherwoodcdc@ymcacw.org
- 19 SOUTHEAST YMCA CHILD DEVELOPMENT CENTER**
6036 SE Foster Road, Portland, OR 97206
503.771.0261 | secentercdc@ymcacw.org
- 20 SPRINGFIELD MEADOWS YMCA CHILD DEVELOPMENT CENTER**
4317 NE 66th Avenue, Vancouver, WA 98661
360.695.5770 | springfieldcdc@ymcacw.org
- 21 ST. ANTHONY'S YMCA CHILD DEVELOPMENT CENTER**
3740 SE 79th Avenue, Portland, OR 97206
503.771.7579 | stanthonyscdc@ymcacw.org
- 22 THE PLAYGROUND YMCA CHILD DEVELOPMENT CENTER**
9427 SW Barnes Road, Portland, OR 97225
503.216.8081 | providencecdc@ymcacw.org
- 23 WILSONVILLE YMCA CHILD DEVELOPMENT CENTER**
8406 SW Main Street #100, Wilsonville, OR 97070
503.682.1770 | wilsonvillecdc@ymcacw.org



School Districts

- | | | |
|---------------|-----------------|-----------------------|
| BEAVERTON | EVERGREEN | REYNOLDS |
| BATTLE GROUND | GRESHAM/BARLOW | SHERWOOD |
| CAMAS | GLADSTONE | TIGARD/TUALATIN |
| CANBY | HILLSBORO | VANCOUVER |
| CENTENNIAL | NORTH CLACKAMAS | WEST LINN/WILSONVILLE |
| CORBETT | OREGON TRAIL | |
| DAVID DOUGLAS | PORTLAND PUBLIC | |

All Locations

We offer programs in more than 200 locations throughout the Portland and Vancouver metro area.

BE HEARD.

Mission Advancement

Our Christian principles are defined as love, respect, honesty, responsibility and service. These principles set us apart in all that we do. More than a health provider or a place for children to play, the Y’s mission is to engage the entire person—spirit, mind and body. Today, intentional dialogue around these principles better serves to equip members, participants, parents, volunteers and staff to lead healthy and meaningful lives.

Association Chaplaincy

The Chaplain’s office strengthens, encourages and equips YMCA staff, members and volunteers as they put Christian principles into practice.

- Increase awareness about how our organization can make Christian principles practical in our delivery of health and human services
- Build a place where programs are in operation that engage staff, volunteers and members in the pursuit of healthy spirit, mind and body for all—using Christian principles
- Create a culture where people in the YMCA feel strengthened, encouraged and empowered by the services made available to them
- Raise funds to sustain ministry programs, activities and staff



Branch Chaplaincy

Our branch Chaplains provide Christian-based programs, group counseling, individual counseling and grief counseling throughout our Y locations in partnership with the association Chaplain.

- Counsels staff and volunteers in their efforts to implement the mission—putting Christian principles into practice
- Equip staff and volunteers in how to put our Christian principles into practice at work, creating seminars and training to teach methods of implementation
- Teach, model and guide the philosophy of servant leadership
- Review and help develop Christian programs, curriculum and tools
- Develop relationships and partnerships with the faith community to deliver programs at local YMCA sites

More than 400 YMCA staff members participate in Christian principles training annually.

BECAUSE.

Annual Events

We are committed to building a stronger community through experiences that bring people together to laugh, to eat, to enjoy companionship and to raise money that breaks down barriers to access and so much more.



Reflecting Camp’s Glow

Saturday, Feb. 29, 2020 | YMCA Camp Collins
An impactful dinner and silent auction where donors, camp alumni and members of the community join together to hear powerful stories of the transformation experience of camp.



Hoops For Hope

Thursday, Mar. 5, 2020 | Clark County Family YMCA
An annual basketball event with various business partners throughout Vancouver. This philanthropic gathering directly impacts families by providing access.



Soul to Sole Shoe Sale

Saturday and Sunday, Apr. 4–5, 2020 | Beaverton Hoop YMCA
Drop off your gently used basketball shoes before the sale, volunteer or stop by to make a purchase. Soul to Sole creates access for families that can’t afford full price for our programs.



Good Friday Breakfast

Friday, Apr. 10, 2020 | Oregon Convention Center
A morning spent focused on prayer, encouragement and reflection with a keynote speaker who brings hope to those gathered together.



Healthy Kids Day®

April 2020 | Dates Vary By Location
A national day focused on celebrating kids’ health. We give children and families the starting point to develop healthy skills for not only the summer, but the rest of their lives.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Our Mission

To put the Christian principles of love, respect, honesty, responsibility and service into practice through programs that build a healthy spirit, mind and body for all.



Our Vision

Strong communities inspired through family, fitness, faith and fun.



Our Impact

We're a catalyst for transformational change, fostering relationships and building thriving, inclusive communities.

YMCA OF COLUMBIA-WILLAMETTE

ymcacw.org

ymca@ymcacw.org

503.223.9622