BUILD A HEALTHIER COMMUNITY

BEAVERTON HOOP YMCA
503.644.2191
beavertonhoop@ymcacw.org

ymcacw.org
Who We Are

The Y is more than just a gym, we’re a cause committed to building healthier communities. Our Y works to put the Christian principles of love, respect, honesty, responsibility and service into practice through programs that build a healthier spirit, mind and body for all.

It’s our members who make our Y a special place. Their goals, their accomplishments and the kindness and support they show one another. That’s the essence of the Y and that essence makes people feel comfortable, valued and at home. When you join the Y, you join a family.

### Membership Types, Facility Hours & Rentals

<table>
<thead>
<tr>
<th>MEMBERSHIP TYPE</th>
<th>MONTHLY</th>
<th>JOINING FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Young Adult (12–20)</td>
<td>$28</td>
<td>$50</td>
</tr>
<tr>
<td>Adult (21–64)</td>
<td>$38</td>
<td>$50</td>
</tr>
<tr>
<td>Couple*</td>
<td>$50</td>
<td>$75</td>
</tr>
<tr>
<td>Family**</td>
<td>$62</td>
<td>$75</td>
</tr>
<tr>
<td>Senior (65+)</td>
<td>$35</td>
<td>$50</td>
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</tbody>
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*Couple living in the same household
**Two adults and dependents in same household, up to five people

**Facility Rentals**

Whether you need space for your next dance, banquet, Quinceañera celebration, senior grad night party or sports team practice, with 35,000 square feet there’s not much you can’t do at the Beaverton Hoop YMCA.

**Financial Assistance**

We believe that everyone deserves to participate in Y programs and we offer financial assistance to families who would otherwise not be able to afford programs.

Our financial assistance comes from the funds raised through our annual campaign.

**ANNUAL CAMPAIGN**

You can help ensure that every person has the opportunity and resources to reach their full potential. Partner with us as we continue to build a welcoming space for our community.

**More Mobile. More Friendly.**

The Y mobile app will improve your member experience by providing easy access to healthy living resources and motivational tools while promoting community connection.

Search YMCA of Columbia-Willamette in your app store.

- Compatible with fitness trackers like Fitbit or Apple Watch
- Create/track workouts
- View Group Exercise Schedules
- Register for Programs
- YMCA Deals
- Schedule a Personal Training Session
**Hoop Elite**

We offer teams which consists of youth in grades 3–12. We offer a year-round competitive schedule all under one roof in our six court facility. Tryouts for teams are held in the Fall, Winter, Spring and Summer. Hoop Elite teams will play in our in-house tournament and league.

Our goal is to provide a great environment that encourages personal growth and the values of winning.

1. Developing athletes to become high character individuals.
2. Providing each athlete with the knowledge, tools and strategy to improve.
3. Creating a collaborative team environment that enhances each athlete’s confidence and skill.
4. Preparing each athlete to be successful at their next level, whether that be on court or off.

**THE Program**

Our Travel basketball teams—known as THE Program—are an extremely competitive group and are consistently considered one of the top teams in Oregon. THE Program teams play both in-house leagues and travel to high caliber tournaments. This team provides additional weekly training on top of the team practices. For youth in grades 4–12.

**Hoop League**

Challenge your team in our year-round competitive basketball league. We are the only local organization that runs league games every fall, winter, spring and summer under one roof. Play with the best teams in the area.

**Player Development**

We help young athletes reach their personal potential and achieve their athletic goals. We can specialize by position or skill, or teach all around skill sets. Our basketball trainers will provide skills that give players an advantage on the court. All training programs focus on the individual needs of each athlete.

**Sports Performance Training**

Get higher, faster and stronger through our sports performance training programs. We offer classes designed to increase your speed, agility and quickness in your sport. Individual or small group training is available to meet your needs as an athlete.

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**Westside YMCA**

It’s not whether you win or lose, it’s how you learn to play the game. Westside YMCA offers recreational basketball and indoor soccer leagues during the school year. Depending on the sport, kids will develop all their skills—catching, dribbling, footwork and passing to teamwork and sportsmanship. Just as important, they learn firsthand the benefits of being healthy and active. Programs begin at age three.

We offer a wide range of after school and evening enrichment programs located in the Beaverton Hoop YMCA or in area schools. From Lego Engineering and Computer Coding to Sport Clinics there is a class for everyone.

**Day Camps**

The Beaverton Hoop YMCA and Westside YMCA programs support learning, fun and character building that is experienced during the school year for kids in kindergarten–grade 8. Day Camps run during spring, summer and winter breaks. Themes for camps are around sports, art, performing arts, cooking and science.

In addition to our Hoop Elite and Jr Basketball camps we offer year-round basketball camps which help youth enhance their skills on the court, give them game time and build relationships. Some camps include Trail Blazers Camps, Damian Lillard Basketball Camp, and CJ McCollum Basketball Camp.

**Child Care Day Camps**

The YMCA also offers Day Camps in Child Care which are full of fun, friendship and discovery. We intentionally foster achievement, relationships and belonging. We surround every child with support, guidance and opportunities to discover and learn.

**After School Programs**

The Y offers before and after school programs throughout the surrounding school districts. These programs provide a safe space for youth to explore, boost academic performance, reduce high-risk behaviors and promote physical health. Students will be engaged and have fun while learning new things and making friends.

Programs are located throughout these districts.

- Beaverton School District
- Hillsboro School District
- Tigard/Tualatin School District
- Portland Public School District
Noon Ball
Looking for a pick up basketball game? Each Thursday at noon, you can join your fellow friends for a friendly, yet competitive game of basketball.
Free for members or drop in fee applies.

Pickleball
Pickleball is a combination of ping pong, tennis and badminton. Games are played by 2–4 players per court using paddles and a wiffleball. It can be played at a very low, slow level and/or at a highly competitive level. This is an excellent sport for active older adults. Bring your own group of players.
Free for members or drop in fee applies.

Personal Training
When you make a commitment to personal training, you make a commitment to yourself. Our certified personal trainers will help you achieve your fitness goals by designing a program to meet your specific needs. We offer
• Small Group Training
• Specialty Wellness Programs
• Kickstart Goal Setting Sessions

Swim Lessons
Swimming is a life skill as well as great exercise and a challenging sport. The Sherwood Regional Family YMCA offers swim lessons, family swim, competitive swimming and many kinds of adaptive water fitness programs for adults, so all can safely enjoy the pleasures of an aquatic environment.

YMCA Camp Collins
YMCA Camp Collins is tucked beside Oxbow Park in Gresham along the Sandy River and provides an outdoor, overnight camp experience for youth. Campers experience true belonging with our dedicated staff and build lasting friendship with other campers. Give your child a summer they won’t forget.
YMCA Camp Collins offers youth week-long Day Camps, Overnight Camp, Teen Camps, Family Camps, Outdoor School and more. We are also open year-round for conference and retreat rentals.

AMBERGLEN YMCA CHILD DEVELOPMENT CENTER
9268 NE Windsor Street 503.629.9622
Hillsboro, OR 97006  amberglencdc@ymcacw.org

BEAVERTON YMCA CHILD DEVELOPMENT CENTER
15650 NW Blueridge Drive 503.466.1312
Beaverton, OR 97006  beavertoncdc@ymcacw.org

PLAYGROUND YMCA CHILD DEVELOPMENT CENTER
9427 SW Barnes Road 503.216.8081
Portland, OR 97225  providencecdc@ymcacw.org

SHERWOOD REGIONAL FAMILY YMCA
23000 SW Pacific Hwy 503.625.9622
Sherwood, OR 97140  sherwood@ymcacw.org

YMCA CAMP COLLINS
3001 SE Oxbow Parkway 503.663.5813
Gresham, OR 97080  campcollins@ymcacw.org