



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUILD A HEALTHIER COMMUNITY

CLARK COUNTY FAMILY YMCA

360.885.9622
clark@ymcacw.org

ymcacw.org

Who We Are

The Y is more than just a gym, we're a cause committed to building healthier communities. Our Y works to put the Christian principles of love, respect, honesty, responsibility and service into practice through programs that build a healthier spirit, mind and body for all.

It's our members who make our Y a special place. Their goals, their accomplishments and the kindness and support they show one another. That's the essence of the Y and that essence makes people feel comfortable, valued and at home. When you join the Y, you join a family.



FAMILY

Up to five members*



COUPLE

2 Adults 18+



INDIVIDUAL

21-64



YOUNG ADULT

Ages 12-20



SILVERSNEAKERS®
SILVER&FIT®
ACTIVE&FIT®

Membership Types & Facility Hours

MEMBERSHIP TYPE	MONTHLY	JOINING FEE	HOURS
Young Adult (12-20)	\$30	\$30	Monday-Thursday 5 AM-10 PM
Individual (21-64)	\$39	\$39	Friday 5 AM-9 PM
Couple**	\$59	\$59	Saturday 7 AM-6 PM
Family	\$83	\$83	Sunday 12 PM-5 PM
Senior (65+)	\$34	\$34	

*Additional family members maybe added for an additional fee

**Couple living in the same household

Membership Desk Hours

Monday-Friday | 9 AM-7 PM

Saturday | 10 AM-2 PM

Membership is all inclusive and month-to-month. Financial assistance is available to those who qualify.

Y Time: Learn & Play

Y Time is a Family Membership benefit where parents or guardians can drop off their children for two hours while they utilize our facility. Kids learn about how to practically apply our mission in their daily lives. They come away with lessons on how to build a healthier spirit, mind and body. Available for children ages 6 weeks-8 years.

Hours

Monday-Friday* | 8 AM-1 PM & 4 PM-8 PM

Saturday | 8 AM-1 PM

*Wednesday | 8 AM-1 PM & 3 PM-8 PM

Youth Center

Our Youth Center has an ongoing schedule filled with activities for your youth to participate in. See our staff for a current activity schedule. Youth ages 9-18 can attend.

Hours

Monday-Friday | 3 PM-8 PM

Saturday | 9 AM-1 PM

Financial Assistance

We believe that everyone deserves to participate in Y programs and we offer financial assistance to families who would otherwise not be able to afford programs.

Our financial assistance comes from the funds raised through our annual campaign.

Annual Campaign

You can help ensure that every person has the opportunity and resources to reach their full potential. Partner with us as we continue to build an accepting space for our community. Speak with our leadership team to learn more.

Chaplaincy

We are here for you and your family as a place to comfort, strengthen and encourage. Our chaplain serves alongside our staff to provide a safe place for you and your family to talk, receive help and grow in community.

Rhapsody Church

Rhapsody Church makes it's home inside the Clark County Family YMCA. All are welcome to join Sunday services at 10 AM and youth are encouraged to join youth group Thursday evenings at 6 PM-9 PM.

ADULT ACTIVITIES

Group Exercise Classes

From Active Adult, Barre and Cycle to Yoga, Water Fitness and Zumba® our classes are fun and interactive way to engage in the Y community. Together we impact each others lives in a supportive and active community. With a variety of classes tailored to the health seeker it is possible for everyone to enjoy the physical and mental benefits of activity.

SWIM PROGRAMS

Swim Lessons

Swimming is a life skill as well as great exercise and a challenging sport. The Y offers swim lessons, family swim, competitive swimming and many kinds of adaptive water fitness programs for adults, so all can safely enjoy the pleasures of an aquatic environment.

Swim levels focus on a skill-based approach that is designed to meet the swimmer's needs and help reach their goals. We offer the following

- Youth Swim Lessons
- Adult Swim Lessons
- Private Swim Lessons
- Lifeguard Training
- Lap Pool and Recreational Pool



More Mobile. More Friendly.

The new Y mobile app will improve your member experience by providing easy access to healthy living resources and motivational tools while promoting community connection.

Search YMCA of Columbia-Willamette in your app store.

- Compatible with fitness trackers like Fitbit or Apple Watch
- View Group Exercise Schedules
- Register for Programs
- YMCA Deals
- Schedule a Personal Training Session



[LEARN MORE ymcacw.org](#)

Personal Training

When you make a commitment to personal training, you make a commitment to yourself. Our certified personal trainers will help you achieve your fitness goals by designing a program to meet your specific needs. We offer the following.

- Fitness Camps
- Specialty Wellness Programs
- Individual Training
- Youth Strength Training



[LEARN MORE ymcacw.org](#)

Swim Team

We believe that all deserve the opportunity to enjoy the fun and competition that swim team offers. Program offerings include Youth and Masters teams. Visit tornadoesswim.org for more information.



Parent's Night Out

Can't remember the last time you ate a meal out that didn't come with crayons? Drop your children off in a safe, structured environment where kids are able to play, make crafts and wind down with a movie while you slip away kid free for a few hours.

- Early drop off for Members
- For kids ages 6 weeks–11 years



KIDS & YOUTH ACTIVITIES

[LEARN MORE ymcacw.org](#)

Youth Sports & Fitness

Basketball, soccer, volleyball, flag football and gymnastics—check out the sports offerings at your Y and get in the game. Improve skills, make new friends, be active with other kids and learn to love a sport at the Y.

- Recreational Basketball
- Soccer
- Competitive Basketball
- Volleyball
- Preschool Sports



IN THE COMMUNITY

After School Programs

We offer a wide range of after school enrichment classes right at your child's school. Students will be engaged and have fun while learning new things and making friends.

Programs located throughout

- Battle Ground School District
- Camas School District
- Evergreen School District
- Vancouver School District

YMCA Camp Collins

YMCA Camp Collins is tucked beside Oxbow Park in Gresham along the Sandy River and provides an outdoor, overnight camp experience for youth. Campers experience true belonging with our dedicated staff and build lasting friendship with other campers. Give your child a summer they won't forget.

YMCA Camp Collins offers youth week-long Day Camps, Overnight Camp, Teen Camps, Family Camps, Outdoor School and more. We are also open year-round for conference and retreat rentals.

YMCA CAMP COLLINS

3001 SE Oxbow Parkway 503.663.5813
Gresham, OR 97080 campcollins@ymcacw.org



[LEARN MORE ymcacw.org](#)

Child Development Centers

The Y offers reliable, quality child care to families in the community at our Child Development Centers.

ORCHARDS YMCA CHILD DEVELOPMENT CENTER

10401 NE Fourth Plain Boulevard 360.213.0051
Vancouver, WA 98662

orchardscdc@ymcacw.org

SPRINGFIELD MEADOWS YMCA CHILD DEVELOPMENT CENTER

4317 NE 66th Avenue 360.695.5770
Vancouver, WA 98661

springfieldcdc@ymcacw.org

Day Camps

Our day camp programs will give you peace of mind while you are at work. The program assures learning, fun and character building that is experienced during the school year. Camp runs during spring, summer and winter breaks. Themes for camps are around sports, art, performing arts, cooking and science.

Child Care Day Camps

YMCA Day Camps are full of fun, friendship and discovery. We intentionally foster achievement, relationships and belonging. We surround every child with support, guidance and opportunities to discover and learn.

