



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

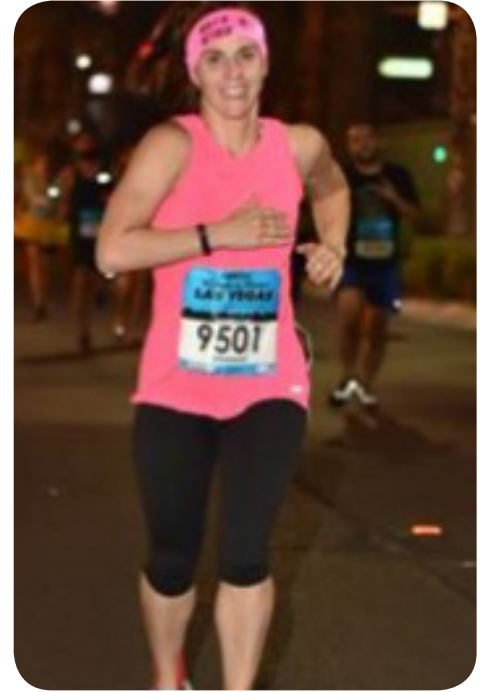
RHIANNON ANDERSON

PERSONAL TRAINER/WELLNESS COUNSELOR

“When I am not at the Y I enjoy going for long runs in the great outdoors and participating in running events.”

BACKGROUND

- ACE Certified Personal Trainer
- Group Exercise
- Zumba Fitness®, Zumba Gold®, Zumba® Kids and Zumba® Kids Jr and Zumba® Toning
- STRONG by Zumba®
- Barre Above™
- Bellyfit®
- BoxMaster Certified Trainer
- Ballet, Jazz, Tap, Lyrical and Gymnastics



SPECIALIZATIONS

- Group Fitness
- Dance and Dance fitness
- Small Group Training
- Senior Fitness
- Making fitness fun for life!

CLARK COUNTY FAMILY YMCA

11324 NE 51st Circle
Vancouver, WA 98682
360.258.3843
ymcacw.org

