



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# JAQUIE BRUECHERT

## PERSONAL TRAINER/WELLNESS COUNSELOR

“Some things I enjoy are swimming, biking, photography, creating music, reading, exploring Portland, nature walks smiling and cuddling animals.”

### BACKGROUND

- Associates of Applied Science Clark College Fitness Training
- Yoga Fit Level 1, Seniors, Alignment, Pre and Post Natal, Back Corrective Exercise | Clark College
- Group Fitness Instructor | Clark College

### SPECIALIZATIONS

- Senior Fitness
- SAQ and Agility
- Schwinn Certified



### CLARK COUNTY FAMILY YMCA

11324 NE 51st Circle  
Vancouver, WA 98682  
360.258.3843  
[ymcacw.org](http://ymcacw.org)

