



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BRYCE WEBSTER

PERSONAL TRAINER/WELLNESS COUNSELOR

"I love to learn and explore new things. I have active participation in hiking, camping, gardening and biking. I am currently enrolled in school for massage therapy and am thoroughly enjoying it."

BACKGROUND

- Associates of Applied Science in Fitness Training—Clark College
- YogaFit® Level 1, Anatomy & Alignment, Seniors, Back Corrective Exercise
- Functional Range Conditioning: Mobility Specialist
- NASM Certified Trainer

SPECIALIZATIONS

- Functional Training
- Yoga
- Small Group
- Weightlifting
- Metabolic Condition
- Mobility
- Human Movement
- Weight Training



CLARK COUNTY FAMILY YMCA

11324 NE 51st Circle
Vancouver, WA 98682
360.258.3843
ymcacw.org

