



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Westside YMCA Youth Sports Volunteer Coaching:

Paperwork:

Beaverton School District Rules and Guidelines
Rule Guidelines (age division specific)
Practice Plans/First Practice Outline
Player Certificates
Picture Packets/Info.
Parent Help Sheet/Blank Snack/Clock Schedule
Inclement Weather Cancellation Procedure

Volunteer Coach Expectations:

Westside is a recreational league. We want to create an environment where every kid has the opportunity for two things:

1. Success on the court. Everyone will be at different skill levels, be flexible with your coaching. Remember, these kids are here to make friends and have fun. Positive, positive, positive!
2. Building relationships. With their teammates and with you, Coach! They probably won't remember much of what you taught them about dribbling or shooting but they will remember how you made them feel. You have that influence on them.

-Please be sure to review all of the "BSD Guidelines & Rules." We are all guests in their facilities so we must treat their gyms, equipment and especially The BSD staff with all of our YMCA Core Values.

-YMCA Gym Monitor will always on site with: a few basketballs (recommend kids bring their own ball if they are able to), pennies and cones and ice packs/band aids. They are your main point of contact so if you need help with anything, don't be afraid to ask!

Have you completed?

-Registering online in Playerspace as a Coach. This will allow you to message out to your team.

-Volunteer Application via Docusign.

-Practice/Game & Roster request form (before Due Date).

-Visit our Westside YMCA Coach Page for more information/resources:

<https://www.ymcacw.org/westside-ymca-coaches>

We appreciate you, Coach!

Don't hesitate to let us know if you need anything throughout the season.

We are here to help!

Contact | westside@ymcacw.org | 503-644-2191



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Beaverton School District **Guidelines and Rules**

The following rules/guidelines are to be followed at all Beaverton School District Elementary Schools. Some schools may have certain rules that must be followed within their facility. The BSD reserves the right to deny us use of their facilities if we do not comply with these guidelines:

- **No food is allow to be consumed in BSD Facilities. Please make all snacks “grab-and-go” style.**
- **No drinks of any kind (even water) are allowed in the gym. Please leave all drinks on provided table outside of gym.**
- **No playing, throwing or bouncing balls in hallways.**
- **No one is to be on the stage (players or spectators).**
- **No hanging from rims or other gym equipment.**
- **Please stay out of classrooms, hallways and any other area not approved for use. Players should be in gymnasiums designated hallways or restrooms only.**
- **Players using the restrooms should go directly to the restroom and back to the gym immediately.**
- **No players are allowed in the school facility without adult supervision.**
- **No pets allowed in buildings or on school property.**
- **No smoking or any form of tobacco is allowed on school premises.**

Thank you for your cooperation!





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Westside YMCA Youth Sports

Volunteer Paperwork Information

Welcome to The YMCA! We appreciate you helping make positive impacts on the lives of kids through Youth Sports. We take the safety of kids in our programs very seriously so every volunteer must complete our Volunteer Pack on line through Docusign. Docusign is a secure way to submit your volunteer application properly. Please refer to our Volunteer Coaching Information webpage at <https://www.ymcacw.org/westside-ymca-coaches> to find the online Volunteer Application.

Also, as a Volunteer in Youth Sports with The YMCA you are required by law to complete the Safe Sports Act trainings assigned to you by The YMCA of Columbia-Willamette HR Department. These online trainings will be sent to you via email. More information on the Safe Sports Act |

<https://website.praesidiuminc.com/wp/wp/everything-need-know-safe-sport-act/>

What is the Safe Sport Act?

The Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act of 2017 was created in reaction to the abuse found various youth sports organizations, including USA Gymnastics. This act will create new a standard of care that will affect youth-serving organizations across the country. The purpose of the law is to expand existing mandated reporting laws to all youth sport organizations that participate in international or interstate sporting events. This has the potential to affect not only national governing bodies like USA Gymnastics, USA Swimming, and other Olympic sports, but the law will also impact camps, public and private schools, collegiate sports, country clubs, community organizations, and sport facilities.

If you have any questions about this process please contact Westside YMCA Youth Sports Staff at westside@ymcacw.org.



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Westside YMCA Recreational Basketball | Combined Practices.

Due to constraints from the Beaverton School District Westside YMCA Recreational Basketball League practices will now be 'combined.' All age divisions will now practice alongside other teams in their age division. We understand this is a change from previous Westside YMCA seasons. With school availability issues, and fee increases tied to student safety we are doing our best to work through new procedures and still offer quality leagues to our community.

We thank you for your understanding and look forward to a great season!

We believe this new practice format does bring some added benefits to the experience of all of our participants:

1. Having two teams practice at one time will give the coaches an opportunity to run scrimmages and will give our players an opportunity to experience more in-game scenarios. This also enhances the overall community of our Westside YMCA Basketball Family with more Volunteer Coach, Player and Parent interactions.
2. We wanted to make it easier for parents to beat the Beaverton traffic. Combining week night practices for Grade 3 – Grade 5 allowed us to start practices 30 minutes later, making commutes easier for everyone.
3. Coaches of teams who are missing multiple players for a practice will not have to try and run a practice with just a few players. There now should always be enough players to run practices and scrimmages.
4. Having another team on the court gives our coaches an opportunity to share ideas off each other during practice time. This will enhance the overall Volunteer Coach Community through additional Coach to Coach interactions. The best coaches use other's ideas to improve themselves.



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INCLEMENT WEATHER CANCELLATION PROCEDURE

Westside YMCA Youth Sports will follow the Beaverton Public School District closures. If the district schools and facilities are closed all daytime and evening activities/events are cancelled.

- During the weeknights, if the weather turns severe in the afternoon, a decision will be made by The Beaverton School District by 1:00 p.m. as to whether the evening activity will be held or not. Therefore, when the schools close due to inclement weather, all basketball games and practices will be cancelled.
- On Saturdays, decisions are made by 7:30 a.m. as to whether the activity will be held or not. The YMCA will send a message to all coaches and parents if there is a change to the schedule/cancellation.

Because our program takes place primarily out in the school district we may not be in the office to answer your call. If you have any questions the quickest and easiest way to get a hold of a Westside YMCA representative is to email westside@ymcacw.org. The email account is checked by multiple staffers and we will get back to you as soon as we can.

Due to limited availability in Beaverton School District Schools any practices that are cancelled because of inclement weather will not be rescheduled.

Any games cancelled by inclement weather will be evaluated and rescheduled based on availability.

Coaches should visit the Beaverton School District Website for the most up to date information.