



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BASKETBALL LEAGUE PARENT INFORMATION



WESTSIDE YMCA YOUTH SPORTS

YMCA OF COLUMBIA WILLAMETTE

WESTSIDE YMCA YOUTH SPORTS
BEAVERTON HOOP YMCA
9685 SW HARVEST COURT
BEAVERTON, OR 97005
503.644.2191
WESTSIDE@YMCACW.ORG

EQUIPMENT AND UNIFORMS

- Players must wear appropriate court shoes (flat-sole, non-marking).
- Game shirts will be provided for all players. Coach shirts will be provided to head coaches. This is the official uniform and must be worn during games.
- Players must not wear anything that is dangerous to another player or themselves (rings, watches, earrings, friendship bracelets, etc.). Coaches should inspect players before the game starts.

CONDUCT AND SPORTSMANSHIP

Coaches and parents, please remember: you are responsible for the behavior of your players, your parents, your fans and yourselves. Please encourage setting a good example for your team!

- All coaches, parents, siblings and spectators shall remain outside the basketball court boundaries.
- Dunking or pulling on the hoops, basket adapters, or nets is strictly prohibited. This includes before, during or after the game for any players, spectators, coaches or referees.
- Only encouraging/positive comments will be tolerated in Westside YMCA Youth Sports leagues.
- Please review attached Beaverton School District rules and guidelines.

BASKETBALL SIZE/HOOP HEIGHT

Basketball Ball Size

Pre-K | Size 3 (Mini)

Kindergarten-Grade 2 | Size 5 (27.5")

Grade 3-5 | Size 6 (28.5")

Hoop Height

Pre-K | 6 ft.

Kindergarten-Grade 2 | 8ft.

Grade 3-5 | 10 ft.

GAMEPLAY

- **ELIGIBILITY:**
Players must be paid in full before they are permitted to participate.
- **DIRECTION OF PLAY:**
Pre-K-Grade 2 teams that are listed first on the schedule will start the game with possession of the basketball. They will shoot at the basket they warmed up on for the duration of the game. There is no changing hoops or direction at half time.
Grade 3-5 teams listed first on the schedule will be home team. Jump ball will start the game. Possession 'arrow' determines which teams receives the ball after halftime.
- **BENCH MONITOR:**
A "bench monitor"/assistant coach during the game is recommended, but not mandatory. They would be responsible for keeping order on the bench, as well as assisting the Head Coach with substitutions.

- **MATCHING UP PLAYERS:**

At the start of each game, subs, halftime five players from each team will line up at half-court. Coaches will match players up for defensive assignments according to height. Players from each team will need to turn around to show their numbers to the other defenders.

- **FAIR PLAY:**

Each child must play an equal amount of time as permitted by the size of the team roster. Teams will have between 6–12 players and time will be split differently, but coaches must do their best when allocating playing time to the players each week.

- **VIOLATIONS:**

Players in Pre-K through Grade 2 age divisions are allowed to double dribble/travel during game play. However, it is important to encourage players to use the skills that they have been learning. Contact does occur during the game, however, most of the time it will be accidental. It is important to constantly remind players to keep some distance to limit physical contact with another player.

- **MADE SHOTS:**

Take the ball out at the end line after every made basket. This is an important aspect of the game and will also keep the pace of the game under control. It allows other players enough time to run down to the opposite end of the court to get set up for defense.

- **TURNOVERS:**

In the Pre-K–Grade 2 age divisions, if the ball is dribbled or passed out of bounds, the team committing the “turnover” will still retain possession of the ball. Possession will only change after a shot attempt.

- **CELEBRATE:**

Remember to stay positive and encourage kids from both teams during games. Don't forget to do a team cheer after each game. Walk in a single file line and give each player from the other team a high-five. Congratulate your players for their effort and recognize their achievements from the game. Most importantly, enjoy the time coaching your team!

REFEREES

Pre-K through Grade 2 Coaches will referee on the floor with their teams during the course of the game. Coaches should direct and encourage players from both teams.

Grade 3–5 will have one certified referee for games. Officials are in charge of the game. Any decisions they make will be final. In the interest of the children's enjoyment of the youth sports program it is requested that any Coach concerns regarding the officials be directed via email to Westside YMCA Youth Sports representatives at westside@ymcacw.org.

The Referee's course of action for a disruptive player, coach, or spectator:

- The official will stop the game and approach the patron. The official will remind the patron Westside YMCA Leagues are recreational and all of the kids are here to learn and have fun with their team.
- The game will continue after the situation has been addressed and a reasonable solution has been agreed upon.
- If the negative behavior continues, the referee may choose to remove the patron from the gym.
- The disruptive patron will be asked to leave the building for the rest of the day.
- Refusal of the request to leave may result in forfeiture of your player's eligibility to play.
- The offending individual/team will be reported to the Youth Sports Director and appropriate action will be taken.

Westside YMCA Recreational Basketball | Combined Practices.

Due to constraints from the Beaverton School District Westside YMCA Recreational Basketball League practices will now be 'combined.' All age divisions will now practice alongside other teams in their age division. We understand this is a change from previous Westside YMCA seasons. With school availability issues, and fee increases tied to student safety we are doing our best to work through new procedures and still offer quality leagues to our community.

We thank you for your understanding and look forward to a great season!

We believe this new practice format does bring some added benefits to the experience of all of our participants:

1. Having two teams practice at one time will give the coaches an opportunity to run scrimmages and will give our players an opportunity to experience more in-game scenarios. This also enhances the overall community of our Westside YMCA Basketball Family with more Volunteer Coach, Player and Parent interactions.
2. We wanted to make it easier for parents to beat the Beaverton traffic. Combining week night practices for Grade 3 – Grade 5 allowed us to start practices 30 minutes later, making commutes easier for everyone.
3. Coaches of teams who are missing multiple players for a practice will not have to try and run a practice with just a few players. There now should always be enough players to run practices and scrimmages.
4. Having another team on the court gives our coaches an opportunity to share ideas off each other during practice time. This will enhance the overall Volunteer Coach Community through additional Coach to Coach interactions. The best coaches use other's ideas to improve themselves.

Beaverton School District

Guidelines and Rules

The following rules/guidelines are to be followed at all Beaverton School District Elementary Schools. Some schools may have certain rules that must be followed within their facility. The BSD reserves the right to deny us use of their facilities if we do not comply with these guidelines:

- **No food is allow to be consumed in BSD Facilities. Please make all snacks “grab-and-go” style.**
- **No drinks of any kind (even water) are allowed in the gym. Please leave all drinks on provided table outside of gym.**
- **No playing, throwing or bouncing balls in hallways.**
- **No one is to be on the stage (players or spectators).**
- **No hanging from rims or other gym equipment.**
- **Please stay out of classrooms, hallways and any other area not approved for use. Players should be in gymnasiums designated hallways or restrooms only.**
- **Players using the restrooms should go directly to the restroom and back to the gym immediately.**
- **No players are allowed in the school facility without adult supervision.**
- **No pets allowed in buildings or on school property.**
- **No smoking or any form of tobacco is allowed on school premises.**

Thank you for your cooperation!

