

# YMCA OF COLUMBIA-WILLAMETTE



In 2018, we provided opportunities for nearly **60,000 people** to experience personal growth, strengthen relationships and build better communities. We bring youth, families and adults of all ages closer together and foster connections through fitness, sports, fun and shared interests.

29,663

HEALTH AND WELLNESS MEMBERSHIPS

13,851

YOUTH SPORTS
PARTICIPANTS

13,920

DAY AND OVERNIGHT

1,681

EARLY CHILDHOOD DEVELOPMENT ENROLLMENT

2,216

BEFORE AND AFTER SCHOOL PARTICIPANTS

\$1.6M

IN FINANCIAL ASSISTANCE

#### **HEALTH AND WELLNESS**

Healthy communities start with individual change—but it takes encouragement and communal support to empower people to make and maintain lifestyle changes. We will always be the place that welcomes everyone with open arms and empowers them to live healther lives.

#### **YOUTH SPORTS**

What happens off the field is just as important as on the field. We give kids an outlet to be themselves while role models teach self-confidence, promote diversity and increase self-esteem through our youth sports. Kids who participate develop meaningful relationships and skills while having fun.

#### **DAY AND OVERNIGHT CAMPS**

Youth are immersed in an atmosphere that inspires a healthy lifestyle, supports others and creates strong friendships. The Y meets youth where they are, then gives them opportunities to reach new heights. We create a space for kids to flourish socially and emotionally while helping them to lead a healthier lifestyle.

#### **EARLY CHILDHOOD DEVELOPMENT**

We prepare kids to learn, grow and thrive in an environment that engages their natural curiosity. Our trusted staff model our Christian principles so children can practice them in everyday life. Parents entrust their infants, toddlers and preschoolers to the YMCA during the critical stages of early development.

### **BEFORE AND AFTER SCHOOL**

Our before and after school programs teach children the skills needed to be successful in school and life. Through the Y, kids boost their self-confidence, develop character and so much more. Every child is full of promise and possibilities, and we provide a supportive atmosphere to help make that a reality.

#### **FINANCIAL ASSISTANCE**

We believe no one should be turned away due to their inability to pay. We provide scholarships to those in need, so everyone can participate in programs at the Y. Because of generous donors who support our mission we can better serve our community and help build lasting relationships.

# Our YMCA offers programs at more than 200 locations.

# **EAST PORTLAND**

**YMCA Youth Sports** 

Clackamas YMCA

Mt. Hood YMCA

# **YMCA Camps**

**YMCA Camp Collins** 

YMCA Camp Duncan's Woods

# **YMCA Child Care**

Clackamas YMCA Child Development Center

Gladstone YMCA Child Development Center

Monroe Street YMCA Child Development Center

New Hope YMCA Child Development Center

PCC SE YMCA Child Development Center

Southeast YMCA Child Development Center

St. Anthony's YMCA Child Development Center

Y's Choice YMCA Child Development Center

# **YMCA School Sites**

Enrichment and sports offered throughout these school districts.

- Canby
- Centennial
- Corbett
- David Douglas
- Gresham/Barlow
- Gladstone
- North Clackamas
- Oregon Trail
- Portland Public
- Reynolds

# **MISSION**

To put the Christian principles of love, respect, honesty, responsibility and service into practice through programs that build a healthy spirit, mind and body for all.

#### **VISION**

Strong communities inspired through family, fitness, faith and fun.

#### **IMPACT**

We're a catalyst for transformational change, fostering relationships and building thriving, inclusive communities.

# **WEST PORTLAND**

YMCA Health, Wellness and Sports

**Beaverton Hoop YMCA** 

Sherwood Regional Family YMCA

**YMCA Youth Sports** 

Westside YMCA

## **YMCA Child Care**

Amberglen YMCA Child Development Center

Beaverton YMCA Child Development Center

Moda Tower YMCA Child Development Center

The Playground at Providence St. Vincent YMCA Child Development Center

Sherwood YMCA Child Development Center

Wilsonville YMCA Child Development Center

# **YMCA School Sites**

Enrichment and sports offered throughout these school districts.

- Beaverton
- Sherwood
- Hillsboro
- Tigard/Tualatin
- Portland Public
- West Linn/Wilsonville

# **VANCOUVER**, WA

YMCA Health, Wellness and Sports

Clark County Family YMCA

# **YMCA Child Care**

Orchards YMCA Child Development Center

Springfield Meadows YMCA Child Development Center

### **YMCA School Sites**

Enrichment and sports offered throughout these school districts.

- Battle Ground
- Evergreen
- Camas
- Vancouver



