



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Westside YMCA Youth Sports Volunteer Coaching:

Packet Documents:

Calendar of Events
BSD Expectations
Rule Guidelines (age specific)
Practice Plans (B-Ball or Soccer)
First Practice Outline
Player Certificates
Picture Packets/Info.
Parent Info/Medical & Conduct Packets
Parent Help Sheet/Blank Snack Schedule
Inclement Weather Cancellation Procedure
Blank Practice Plan Template

Volunteer Coach Reminders:

Westside is a recreational league. We want to create an environment where every kid has the opportunity for two things:

1. Success on the court. Everyone will be at different skill levels, be flexible with your coaching. Remember, these kids are here to make friends and have fun. Positive, positive, positive!
2. Building relationships. With their teammates and with you, Coach! They probably won't remember much of what you taught them about dribbling or shooting but they will remember how you made them feel. You have that influence on them.

-Please be sure to review all of the "BSD Guidelines & Rules." We are all guests in their facilities so we must treat their gyms, equipment and especially The BSD staff with all of our YMCA Core Values.

-YMCA Gym Monitor will always be on site with: a few basketballs (recommend kids bring their own ball if they are able to), pennies and cones and ice packs/band aids. They are your main point of contact so if you need help with anything, don't be afraid to ask!

Have you completed?

- Registering online in Playerspace as a Coach.
- Volunteer application (returned with copy of photo ID).
- Practice/Game request form.
- Player requests (first/last names emailed directly to Westside Staff).

We appreciate you, Coach!

Don't hesitate to let us know if you need anything throughout the season.

We are here to help!

Contact | westside@ymcacw.org | 503-644-2191